



The Women's
Network



DRESS FOR
SUCCESS®
WICHITA



OVERVIEW OF THURSDAY THRIVE

Designed for women who have participated in Dress for Success Wichita, Thursday Thrive, focuses on equipping participants with the skills and support needed to thrive in their careers. Participants develop the tools to enhance their professional growth, build resilience, and confidently navigate workplace challenges through targeted workshops, expert-led guidance, and ongoing mentorship.

Thursday Thrive occurs on the second Thursday of every month.

To learn more about the program or RSVP for the next Thursday Thrive workshop, contact us via [phone](#) or [email](#).

PROFESSIONAL DEVELOPMENT

Some topics we may cover in the workshops include but are not limited to the following:

- Digital Literacy
- Leadership Skills
- Planning for Retirement
- Financial Literacy for Professionals
- Time Management Strategies
- Productivity and Project Management
- Effective Communication Skills
- Conflict Resolution in the Workplace
- Career Planning and Goal Setting
- Workplace Ethics and Professional Integrity
- Critical Thinking and Problem-Solving Skills
- How to Build A Professional Online Presence
- Networking and Building Professional Relationships
- Work-Life Balance and Personal Well-Being
- Emotional Wellness and Stress Management
- Community Supports and Resources for Working Women

ELIGIBILITY REQUIREMENTS

Thursday Thrive is open to all current and past Dress for Success Wichita participants. If you are interested in participating in the next workshop, please call the program manager at (316) 262-3960.